

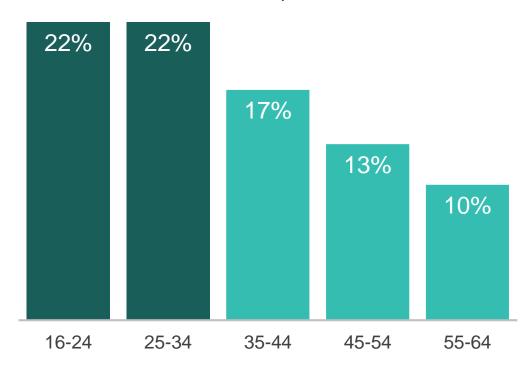
# Tribespotting Meet the Hyper-Quantifiers

## Average number of self-tracking activities



#### Who are the Hyper-Quantifiers?

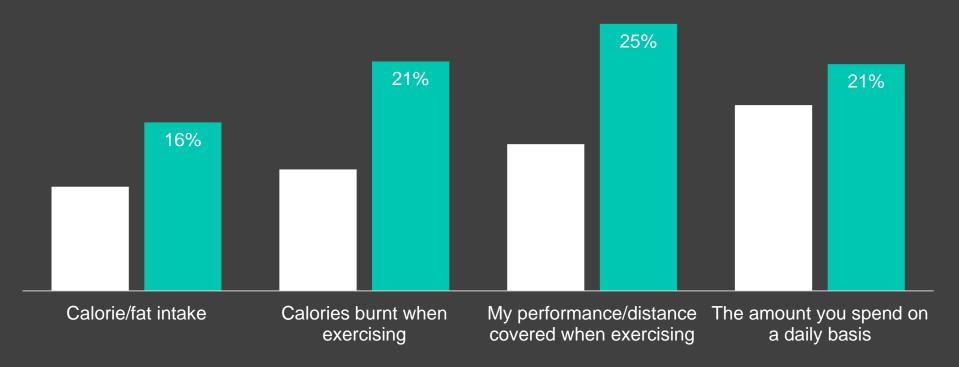
% of global consumers in each age group who monitor at least four aspects of their lives





#### Broad range of tracking: increases for all activities

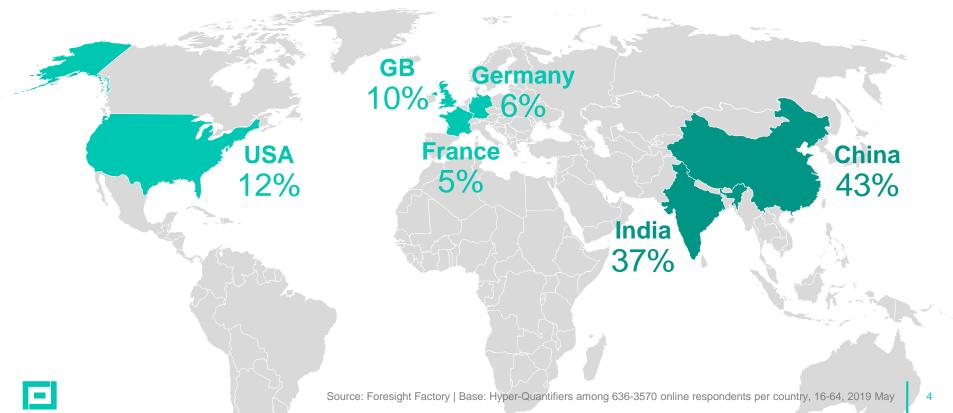
**■**2013 **■**2019





#### Hyper-Quantifiers around the globe

**Global average: 17%** 



#### What's driving this self-tracking behaviour?

# Responses from our trendspotters:



"Self-improvement"

"Self-control"

"Achieving targets"

"Goal setting"

"Motivational"

Being seen as successful by others is important to me



41%
Hyper-Quantifiers



# Hyper-Quantifiers like having a second opinion



Influencers and peer reviews have a relatively strong effect on Hyper-Quantifiers

## **HYPER-QUANTIFIERS NON-QUANTIFIERS**





#### How should you act?

#### **EDUCATE THEM**

Hyper-Quantifiers
would welcome advice
from trusted brands
to help them reach
their goals

#### **CURATE FOR THEM**

Hyper-Quantifiers are happy to share data for tailored product and service recommendations

#### **ENTICE/RETAIN THEM**

Hyper-Quantifiers are cost cutters and non-committal, so brand loyalty is more tenuous



### Want to know more?



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It is powered by technology to deliver deeper, faster and more accurate data and actionable insight.

Explore contextual drivers, consumer trends and sector trends to answer your business questions.

We provide you with a wealth of data:

50+ million data points

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